

Sterling Spotlight

Oakmont Sterling



June Birthdays

- 6/6- Shirley K.
- 6/7- Raymond S.
- 6/11- Frances P.
- 6/23- Grace V.
- 6/26- Maxine B.
- 6/30- William R. Turns 102!



41155 Pond View Drive
Sterling Heights, MI 48314
(586) 739-9494

Executive Director- Laura
Leasing Consultant- Brittany
Housekeeping- Cindy
Maintenance Director- Peter
Culinary Director- Michele
Activities Director- Samantha
Transporter- Hospicio
 Mon., Wed. & Fri.
 (586) 703-9810
Hairdresser- Madeline
 248-549-8323
2nd Floor Store Hours:
 Wednesdays & Saturdays
 10:30-11:30

Happy Summer from all of us at Oakmont Sterling!

We are excited to share that parking lot paving improvements are coming soon. Please watch for flyers and posters throughout the community with additional details, schedules, and any temporary parking instructions.

As a friendly reminder, pendants are managed by Homestead. If you are experiencing any issues with your pendant or need assistance, please contact their team directly.

With the beautiful weather finally here, we encourage everyone to enjoy our open porch seating areas. Stop by, relax, gather with friends, and enjoy the sunshine!

Did you know outdoor patio dining is also available through the dining room? Simply ask one of our servers if you would like to enjoy your meal outside.

We hope everyone has a safe, relaxing, and wonderful summer season!

Warm regards,
Laura Christensen
Campus Executive Director

The Mackinac Bridge



On Thursday, June 18th Kim Nowack, Bridge Director Mackinac Bridge Authority of Michigan Department of Transportation, will be coming to our community to share with us the history and current events of the Mackinac Bridge. This is a fun educational program that will last about an hour and include time for Q&A.

Did you know?

The Mackinac Bridge's nickname is the 'Mighty Mac', it is 5 miles long.

The total weight of the bridge is over 1,024,500 tons, which includes 931,000 tons of concrete.

Every Labor Day, the bridge is closed to motor vehicles and tens of thousands of people walk across it together during the annual Labor Day Bridge Walk.

The toll was originally \$3.25 when the bridge opened in 1957 and it's only gone up to \$4.00 per vehicle today.

Upcoming Events & Outings:

- 6/2- Mini Chair Massages with Amy- *Please Bring the Voucher you Received at our Mother's Day Event, Limited Availability*
 - 6/3- Euchre Tournament at Manor
 - 6/8- Lunch at PF Changs & Shopping at Partridge Creek
 - 6/14- Flag Day- Wear Red, White & Blue
 - 6/15- Troy Historical Village Outing & Karaoke Party!
 - 6/17- City Clerk's Office Visit
Voter Registration, Ballot Information etc.
 - 6/18- MDOT Presentation- History & Current Events of Mackinac Bridge
 - 6/20- Father's Day Lunch & Live Music
 - 6/21- Father's Day
 - 6/22- Jonny Cakes Café Lunch Outing
 - 6/23- Massages w/Amy by Appointment
\$15 for 20 minutes
 - 6/24- Dodge Park Concert Outing
 - 6/25- Texas Roadhouse Dinner Outing
 - 6/26- June Birthday Party & Ice Cream Outing to Screamers
 - 6/29- Casino Outing
 - 6/30- Trivia with Sterling Heights Library
Library Registration Info Available
- The Sign-up book for all outings is located across from the main elevator**



Activity Interest Surveys have been delivered. Once completed, please place in the envelope provided and return to the drop box in the Activity Room by June 15th!



Warm Welcome to Sterling's Newest Neighbors:

- Claudia**
- Deb**
- Shirley**
- Bud**
- Sharon**
- Ancle**
- William**
- Judith**

Our Book Club is Reading:

The Keeper of Lost Things

By Ruth Hogan



A heartwarming novel about a writer, Anthony Peardeu, who collects lost objects as a way to atone for a past loss, leaving his collection and mission to his assistant, Laura, who must reunite the items with their owners, leading to unexpected connections, healing, and love. The story weaves together multiple narratives, including a parallel story from the 1970s and 80s, exploring themes of love, loss, redemption, and the magic in everyday objects.

***To get your copy see Samantha or Amber in Activities**



Sterling vs. Manor

Some friendly competition!

Each month the residents of Oakmont Sterling will take on our neighbors at Oakmont Manor in some fun challenges. In June we will be competing to see who can win the mini golf challenge on Wednesday, June 17th at 1pm! Bring your best putting game and help us earn the trophy!



Wouldn't you love to have your friends or family members as your neighbors?

You can! Oakmont Sterling is offering a special Referral Program for all residents who recommend our community to their friends! Residents sending a new referral to us, that is not in our database of leads, will receive a \$2,000 rent credit. This credit will be paid after the new referral signs their lease and lives at the community for minimum of 60 days. The credit will be deducted over 3 months.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

AR- Activity Room
 DR- Dining Room
 LOB- Lobby
 LIB- Library
 FP- Front Porch
 CH- Chapel (3rd Floor)
 OB- Out of Building
 \$\$\$- Money is Required
 *- Sign-up is Required- Book across from elevator

1
 9:30 Exercise w/Christine
 10:00 Coffee & Convo Mike
 10:30 Blood Pressure Checks w/Homestead AR
 11:00 Avon w/Dawn 11-1
 1:15 Let's Craft! Patriotic Key Chains and Pens* AR
 3:00 Horse Races \$\$\$ DR

2
 9:30 Exercise w/Weston AR
 10:00 Coffee and Convo AR
 11:00 Brain Games AR
 11:30 Mass at SS Cyril* OB
 1:00 Parkinsons Education AR
 1:00 Mini Chair Massages w/Amy- Bring Coupon LOB
 3:00 BINGO \$\$\$ AR

3
 9:30 Exercise w/Christine
 10:00 Coffee & Convo Mike
 11:00 Rosary w/Karen LIB
 11:00 Euchre Tournament at Manor* OB
 1:00 Fitness Health Talk w/Weston AR
 1:15 Kroger Shopping*
 3:00 New Resident Social
 6:15 Euchre AR

4
 9:30 Exercise w/Christine
 10:00 Coffee and Convo with Steve AR
 11:00 Walk & Talk FP
 12:00 Book Club's Pizza Lunch & Movie! Must Sign-up* AR
 3:00 BINGO \$\$\$ AR

5
 9:30 Exercise w/Weston AR
 10:00 Coffee and Convo AR
 10:30 Golf the Card Game
 2:00 Happy Hour with Jan T. DR
 3:15 Prize Pokeno AR
 6:15 Movie Night- The Simple Life of Noah Dearborn AR

6
 9:30 Virtual Exercise AR
 10:00 Popcorn & a Movie AR
 2:00 BINGO \$\$\$ AR
 3:00 Coloring Social AR
 6:00 Left-Center Right Game- Bring Dimes \$\$\$ AR

7
 10:00 Virtual Worship AR
 1:00 Lifetime Movie AR
 4:00 Catholic Service with Deacon Mike AR
 6:00 Games AR

8
 9:30 Exercise w/Christine
 10:00 Coffee & Convo Mike
 10:30 Blood Pressure AR
 11:45 PF Changs Lunch & Partridge Creek Shopping*
 1:30 Penny Drop Game \$\$\$
 3:00 Patriotic Stained-Glass Paint & Pour* AR
 4:00 Pet Therapy LOB

9
 9:30 Exercise w/Weston AR
 10:00 Coffee and Convo with Steve AR
 11:00 Activity Planning Meeting AR
 1:30 Kitchen Creations AR
 3:00 BINGO \$\$\$ AR
 4:00 Kings in the Corner AR

10
 9:30 Exercise w/Christine
 10:00 Coffee & Convo Mike
 10:30 Pretty Nails AR
 1:15 Dollar Tree Shopping*
 2:00 Bible Study w/Jim AR
 3:15 Pinochle AR
 6:15 Euchre AR

11
 9:30 Exercise w/Christine
 10:00 Coffee and Convo with Steve AR
 11:00 Let's Play Skip-Bo AR
 1:15 Chips, Dips & Trivia- June Jeopardy Game!
 3:00 BINGO \$\$\$ AR
 4:00 Learn to Play Hearts with James AR

12
 9:30 Exercise w/Weston AR
 10:00 Coffee and Convo AR
 11:00 Bean Bag Toss Game
 2:00 Happy Hour with Bryan Dixon DR
 3:15 Rummikub & Rack-O
 6:15 Movie Night- On Golden Pond AR

13
 9:30 Virtual Exercise AR
 10:00 Popcorn & a Movie AR
 2:00 BINGO \$\$\$ AR
 3:00 Coloring Social AR
 6:00 Left-Center Right Game- Bring Dimes \$\$\$ AR

14
 Flag Day- Wear Red, White & Blue!
 10:00 Virtual Worship AR
 1:00 Lifetime Movie AR
 4:00 Catholic Service with Deacon Mike AR
 6:00 Games AR
 Flag Day (U.S.)

15
 9:30 Exercise w/Christine
 9:45 Troy Historical Village*
 10:00 Coffee & Convo Mike
 10:30 Blood Pressure Checks w/Homestead AR
 1:30 Popsicles on the Front Porch
 3:00 Wine & Karaoke Party

16
 9:30 Exercise w/Weston AR
 10:00 Coffee and Convo with Steve AR
 11:00 Jewelry Making AR
 1:15 Kings in the Corner AR
 3:00 BINGO \$\$\$ AR
 4:00 Rummikub & Rack-O Games AR

17
 9:30 Exercise w/Christine
 10:00 Coffee & Convo Mike
 10:30 Learn to Make Wine w/John AR
 11:00 Rosary w/Karen LIB
 1:00 Mini Golf Competition
 1:15 Walmart Shopping*
 2:30 City Clerk's Office Visit Election Info & Registration
 6:15 Euchre AR

18
 9:30 Exercise w/Christine
 10:00 Coffee and Convo with Steve AR
 11:00 Walk & Talk FP
 1:30 MDOT Presents- History and Current Events of Mackinac Bridge AR
 3:00 BINGO \$\$\$ AR

19
 9:30 Exercise w/Weston AR
 10:00 Coffee & Convo w/Laura AR
 2:00 Happy Hour with Daniel Bryson DR
 3:30 Father's Day Floats AR
 6:15 Movie Night- Safe Haven AR
 Juneteenth

20
 9:30 Virtual Exercise AR
 10:00 Popcorn & a Movie
 12:00 Father's Day Lunch & Entertainment w/Gary DR
 2:00 BINGO \$\$\$ AR
 3:00 Coloring Social AR
 6:00 Left-Center Right Game- Bring Dimes \$\$\$ AR

21
 Happy Father's Day!
 10:00 Virtual Worship AR
 1:00 Lifetime Movie AR
 4:00 Catholic Service with Deacon Mike AR
 6:00 Games AR
 Father's Day Summer Begins

22
 9:30 Exercise w/Christine
 10:00 Coffee and Convo w/Mike AR
 10:30 Blood Pressure Checks w/Weston AR
 11:15 Jonny Cakes Café Lunch Outing*
 1:30 Colorful Creations AR
 3:00 \$1 Pokeno \$\$\$ AR
 4:00 Pet Therapy LOB

23
 9:30 Exercise w/Weston AR
 10:00 Coffee and Convo with Steve AR
 11:00 Greeting Card Club
 1:00 Massages w/Amy by Appointment* \$\$\$
 1:30 Pretty Nails AR
 3:00 BINGO \$\$\$ AR
 4:00 Town Hall Meeting DR

24
 9:30 Exercise w/Christine
 9:40 Outdoor Concert @ Dodge Park- The Ramblers Band* OB
 10:00 Coffee & Convo Mike
 2:00 Bible Study w/Jim AR
 3:15 Pinochle AR
 6:15 Euchre AR

25
 9:30 Exercise w/Christine
 10:00 Coffee and Convo with Steve AR
 11:00 Culinary Chat AR
 1:30 Book Club Discussion & Distribution LIB
 3:00 BINGO \$\$\$ AR
 3:15 Texas Roadhouse Dinner Outing* OB

26
 9:30 Exercise w/Weston AR
 10:00 Coffee and Convo AR
 11:00 Let's Craft!* AR
 2:00 June Birthday Party with Carl A. DR
 3:15 Screamers Ice Cream Outing* OB
 6:15 Movie Night- Patch Adams AR

27
 9:30 Virtual Exercise AR
 10:00 Popcorn & a Movie AR
 2:00 BINGO \$\$\$ AR
 3:00 The Sunshine Band DR
 6:00 Left-Center Right Game- Bring Dimes \$\$\$ AR

28
 10:00 Virtual Worship AR
 1:00 Lifetime Movie AR
 4:00 Catholic Service with Deacon Mike AR
 6:00 Games AR

29
 9:30 Exercise w/Christine
 10:00 Coffee & Convo Mike
 10:15 Hollywood Casino*
 10:30 Blood Pressure Checks w/Homestead AR
 11:00 Let's Play Skip-Bo! AR
 1:30 Travel Club- Russia AR
 3:00 Horse Races \$\$\$ DR

30
 9:30 Exercise w/Weston AR
 10:00 Coffee and Convo with Steve AR
 11:00 Tech Support w/Samantha AR
 12:00 Bill's 102nd Birthday Bash at Lunch! DR
 1:30 Trivia Tuesday with the Sterling Heights Library AR
 3:00 BINGO \$\$\$ AR

June 2026

2nd Floor Store Open Wednesdays & Saturdays 10:30-11:30