



# Sterling Spotlight

## Oakmont Sterling



### May Birthdays

5/10- *Therese W.*

5/13- *Eugene F.*

5/13- *Elsie S.*

5/22- *Pelagia N.*

5/25- *Mary F.*

5/28- *Edwin F.*

5/28- *Joanne B.*

5/30- *Elizabeth B.*



OAKMONT.

*Sterling*

41155 Pond View Drive  
Sterling Heights, MI 48314  
(586) 739-9494

**Executive Director-*Laura***  
**Leasing Consultant- *Brittany***  
**Housekeeping- *Cindy***  
**Maintenance Director- *Peter***  
**Culinary Director- *Michele***  
**Activities Director- *Samantha***

**Transporter- *Hospicio***  
Mon., Wed. & Fri.  
(586) 703-9810

**Hairdresser- *Madeline***  
248-549-8323

**2<sup>nd</sup> Floor Store Hours:**  
Wednesdays & Saturdays  
10:30-11:30

As we welcome the month of May, there's a renewed sense of energy and excitement throughout our community. With the arrival of warmer weather and brighter days, we're looking forward to spending more time outdoors, enjoying meaningful moments together, and continuing to build the strong connections that make our community so special.

May is a time to celebrate and reflect. We look forward to honoring our mothers and mother figures during Mother's Day, and later in the month, we will take time to remember and honor those who served our country on Memorial Day. These moments are important reminders of the love, sacrifice, and dedication that shape our lives and our community.

Behind the scenes, our team continues to stay focused on enhancing daily life for our residents—from dining experiences and programming to overall service and support. We are committed to maintaining a warm, welcoming environment where residents feel at home and families feel confident in the care provided.

I also want to take a moment to recognize our incredible staff. Their dedication, compassion, and teamwork truly make a difference each and every day. It does not go unnoticed, and I am grateful to work alongside such a committed group of individuals.

As always, my door is open. If you have any questions, ideas, or feedback, I encourage you to stop by or reach out. Your voice matters, and together we will continue to make our community a place we are all proud to call home.

Wishing everyone a wonderful month of May!

Warm regards,  
Laura Christensen  
Campus Executive Director

### Michigan Central Station



“Michigan Central Station, located in Detroit’s Corktown neighborhood, was the city’s primary railway depot from 1913 to 1988. The impressive structure was designed by New York hotel architects Whitney Warren and Charles D. Wetmore, along with Charles A. Reed and Allen Stem, designers of New York City’s Grand Central Station. The building consists of a three-story depot with 10 gates for trains, and an 18-story tower with more than 500 offices. The depot’s waiting room was the highlight of the station, with marble floors, high vaulted ceilings, bronze chandeliers, and many other details indicative of Beaux Arts style. It also featured a restaurant, lunch counter, barber shop, florist, bathing facilities, and other amenities. After sitting vacant for decades, the derelict but still beautiful station had become the target of “ruins photography,” and drew comparisons to Detroit as a whole. In June 2018, Ford Motor Company announced their purchase of the building, and their plans to transform the station and nearby buildings into a mixed-use campus. A remarkable undertaking spanning several years, the building underwent a full restoration and re-opened in June 2024.”

*Taken from the Detroit Historical Society*

**Join us on May 15<sup>th</sup> to see the beautifully restored station with lunch afterwards at National Coney Island**

### Upcoming Events & Outings:

- 5/1- Kentucky Derby Horse Races! \$1 Bets- Wear Your Hats!
- 5/4- “Michigan in the Civil War” Presentation by the Metroparks
- 5/5- Mass at SS Cyril
- 5/9- Mimosas with Mom- Mother’s Day Celebration
- 5/15- Michigan Central- Train Station Outing & Lunch at Coney
- 5/18- Karaoke Party
- 5/20- Telly’s Greenhouse Outing
- 5/21- Casino Outing
- 5/22- Erma’s Ice Cream Outing
- 5/25- Memorial Day- Live Entertainment at Lunch
- 5/27- Detroit Zoo Outing
- 5/28- Veteran’s Lunch
- 5/29- May Birthday Party

**Follow Us On Facebook To Keep Up With All The Fun That’s Happening at Sterling!**



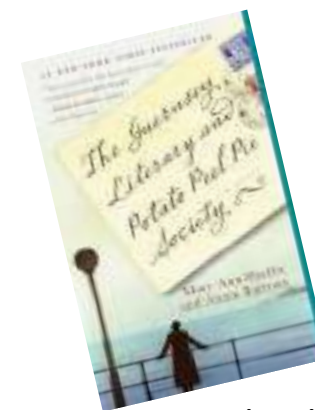
### Warm Welcome to Sterling’s Newest Neighbors:

- Barbara*
- Robert & Diane*
- Christine*
- Marilyn*
- Anthony*
- Patricia*
- Sheila*
- Marilyn*

### Our Book Club is Reading:

The Guernsey Literary and Potato Peel Pie Society

*By Mary Ann Shaffer and Annie Barrows*



Set in 1946, about writer Juliet Ashton who begins corresponding with residents of Guernsey after WWII, learning about their lives during the German occupation and the formation of their unique book club, which inspires her to write a book.

*After reading we will watch the movie!*

**\*To get your copy see Samantha or Amber in Activities**



Our Garden Club will be planting flowers in our new Dining Room patio pots, as well as vegetables in our new raised beds near the Activity Room. We will take a trip to Telly’s to pick our plants on May 20<sup>th</sup> and plant our garden on May 21<sup>st</sup>. Everyone is welcome to join! Green thumbs not required!

### Wouldn’t you love to have your friends or family members as your neighbors?

You can! Oakmont Sterling is offering a special Referral Program for all residents who recommend our community to their friends! Residents sending a new referral to us, that is not in our database of leads, will receive a \$2,000 rent credit. This credit will be paid after the new referral signs their lease and lives at the community for minimum of 60 days. The credit will be deducted over 3 months.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# May 2026

<p>10:00 Virtual Worship AR <sup>3</sup></p> <p>1:00 Lifetime Movie AR</p> <p>4:00 Catholic Service with Deacon Mike AR</p> <p>6:00 Games AR</p>	<p>9:30 Exercise w/Christine AR <sup>4</sup></p> <p>10:00 Coffee &amp; Convo Mike</p> <p>10:30 Blood Pressure Checks</p> <p>1:00 Paint &amp; Pour-Lighted Wine Bottle Craft*** AR</p> <p>3:00 Michigan in The Civil War- Metroparks Presents AR</p>	<p>9:30 Exercise w/Weston AR <sup>5</sup></p> <p>10:00 Coffee &amp; Convo wSteve</p> <p>11:30 Mass at SS Cyril*</p> <p>12:00 Margaritas at Lunch DR</p> <p>1:30 Tasting Tuesday- Try Something New! AR</p> <p>3:00 BINGO \$\$\$ AR</p>	<p>9:30 Exercise w/Christine <sup>6</sup></p> <p>10:00 Coffee &amp; Convo Mike</p> <p>11:00 Rosary w/Karen CH</p> <p>1:00 Wellness w/Weston AR</p> <p>1:15 Kroger Shopping*</p> <p>2:00 Patio Planting (DR)</p> <p>3:15 May Jeopardy AR</p> <p>6:15 Euchre AR</p>	<p>9:30 Exercise w/Christine AR <sup>7</sup></p> <p>10:00 Coffee and Convo with Steve AR</p> <p>11:00 Let's Play Skip-Bo! AR</p> <p>1:30 Bean Bag Toss Game AR</p> <p>3:00 BINGO \$\$\$ AR</p>	<p>9:30 Exercise w/Weston AR <sup>8</sup></p> <p>10:00 Coffee and Convo AR</p> <p>11:00 Walk &amp; Talk LOB</p> <p>2:00 Happy Hour with Marco</p> <p>3:15 \$1 Pokeno! \$\$\$ AR</p> <p>6:15 Movie Night- The Age of Adaline AR</p>	<p>9:30 Virtual Exercise AR <sup>9</sup></p> <p>10:00 Popcorn &amp; a Movie- The Idea of You AR</p> <p>2:00 BINGO \$\$\$ AR</p> <p>3:00 Coloring Social AR</p> <p>6:00 Left-Center Right Game- Bring Dimes \$\$\$ AR</p>
<p>10:00 Virtual Worship AR <sup>10</sup></p> <p>1:00 Lifetime Movie AR</p> <p>4:00 Catholic Service with Deacon Mike AR</p> <p>6:00 Games AR</p> <p>Mother's Day</p>	<p>9:30 Exercise w/Christine AR <sup>11</sup></p> <p>10:00 Coffee &amp; Convo Mike</p> <p>10:30 Blood Pressure Checks</p> <p>11:00 Penny Drop Game\$\$\$AR</p> <p>1:30 Kings in the Corner AR</p> <p>3:00 Horse Races \$\$\$ AR</p> <p>4:00 Pet Therapy</p>	<p>9:30 Exercise w/Weston AR <sup>12</sup></p> <p>10:00 Coffee and Convo with Steve AR</p> <p>1:15 Activity Planning Meeting AR</p> <p>1:40 Mini Golf Games Lobby</p> <p>3:00 BINGO \$\$\$ AR</p>	<p>9:30 Exercise w/Christine AR <sup>13</sup></p> <p>10:00 Coffee &amp; Convo Mike</p> <p>11:00 Jewelry Making AR</p> <p>1:15 Dollar Tree Shopping*</p> <p>2:00 Bible Study w/Jim AR</p> <p>3:15 Colorful Creations AR</p> <p>6:15 Euchre AR</p>	<p>9:15 Train Station Detroit &amp; Lunch at Coney Island* <sup>14</sup></p> <p>9:30 Exercise w/Christine AR</p> <p>10:00 Coffee and Convo with Steve AR</p> <p>1:30 Pretty Nails AR</p> <p>3:00 BINGO \$\$\$ AR</p>	<p>9:30 Exercise w/Weston AR <sup>15</sup></p> <p>10:00 Coffee and Convo AR</p> <p>11:00 Wii Bowling Games AR</p> <p>2:00 Happy Hour with George</p> <p>3:15 Pinochle AR</p> <p>6:15 Movie Night- You've Got Mail AR</p>	<p>9:30 Virtual Exercise AR <sup>16</sup></p> <p>10:00 Popcorn &amp; aMovie- Click</p> <p>2:00 BINGO \$\$\$ AR</p> <p>3:00 Coloring Social AR</p> <p>6:00 Left-Center Right Game- Bring Dimes \$\$\$ AR</p> <p>Armed Forces Day</p>
<p>10:00 Virtual Worship AR <sup>17</sup></p> <p>1:00 Lifetime Movie AR</p> <p>4:00 Catholic Service with Deacon Mike AR</p> <p>6:00 Games AR</p>	<p>9:30 Exercise w/Christine AR <sup>18</sup></p> <p>10:00 Coffee and Convo w/Mike AR</p> <p>10:30 Blood Pressure Checks w/Homestead AR</p> <p>1:15 Kitchen Creations AR</p> <p>3:00 Wine &amp; Karaoke PartyAR</p>	<p>9:30 Exercise w/Weston AR <sup>19</sup></p> <p>10:00 Coffee and Convo with Steve AR</p> <p>11:00 The Saran Wrap Game!</p> <p>1:30 Book Club Meeting- Discussion &amp; New Books! LIB</p> <p>3:00 BINGO \$\$\$ AR</p>	<p>9:30 Exercise w/Christine <sup>20</sup></p> <p>9:30 Telly's Greenhouse*</p> <p>10:00 Coffee and Convo-Mike</p> <p>11:00 Rosary w/Karen CH</p> <p>1:15 Craft with Hill Students</p> <p>1:15 Walmart Shopping*</p> <p>3:15 \$1 Pokeno! \$\$\$ AR</p> <p>6:15 Euchre AR</p>	<p>9:30 Exercise w/Christine AR <sup>21</sup></p> <p>10:00 Hollywood Casino Out*</p> <p>10:00 Coffee &amp; Convo wSteve</p> <p>11:00 Left-Center-Right-Bring Nickels \$\$\$ AR</p> <p>1:30 Community Garden AR</p> <p>3:00 BINGO \$\$\$ AR</p>	<p>9:30 Exercise w/Weston AR <sup>22</sup></p> <p>10:00 Coffee and Convo AR</p> <p>11:00 Walk &amp; Talk LOB</p> <p>2:00 Happy Hour with Theo</p> <p>3:15 Erma's Ice Cream Outing*</p> <p>6:15 Movie Night- Parenthood AR</p>	<p>9:30 Virtual Exercise AR <sup>23</sup></p> <p>10:00 Popcorn &amp; a Movie- And So it Goes AR</p> <p>2:00 BINGO \$\$\$ AR</p> <p>3:00 The Sunshine Band DR</p> <p>6:00 Left-Center Right Game- Bring Dimes \$\$\$ AR</p>
<p>10:00 Virtual Worship AR <sup>24</sup></p> <p>1:00 Lifetime Movie AR</p> <p>4:00 Catholic Service with Deacon Mike AR</p> <p>6:00 Games AR</p>	<p>9:30 Exercise w/Christine AR <sup>25</sup></p> <p>10:00 Coffee and Convo w/Mike AR</p> <p>10:30 Blood Pressure Checks w/Weston AR</p> <p>11:00 Live Music at Lunch w/Jimmi K. DR</p> <p>Memorial Day</p>	<p>9:30 Exercise w/Weston AR <sup>26</sup></p> <p>10:00 Coffee and Convo with Steve AR</p> <p>11:15 Greeting Card Club AR</p> <p>1:30 Bonjour! Travel Club Visits France! AR</p> <p>3:00 BINGO \$\$\$ AR</p>	<p>9:00 Detroit Zoo Outing- Senior Day!!!* <sup>27</sup></p> <p>9:30 Exercise w/Christine AR</p> <p>10:00 Coffee and Convo-Mike</p> <p>11:30 Town Hall Meeting DR</p> <p>2:00 Bible Study w/Jim AR</p> <p>3:00 Kings in the Corner AR</p> <p>6:15 Euchre AR</p>	<p>9:30 Exercise w/Christine AR <sup>28</sup></p> <p>10:00 Coffee and Convo with Steve AR</p> <p>12:00 Veteran's Lunch &amp; Social AR</p> <p>1:30 Pretty Nails AR</p> <p>3:00 BINGO \$\$\$ AR</p>	<p>9:30 Exercise w/Weston AR <sup>29</sup></p> <p>10:00 Coffee and Convo AR</p> <p>11:00 Fact or Fiction AR</p> <p>2:00 May Birthday Party w/Carl A. DR</p> <p>3:15 Rack-O &amp; Rummikub AR</p> <p>6:15 Movie Night- The Perfect Game AR</p>	<p>9:30 Virtual Exercise AR <sup>30</sup></p> <p>10:00 Popcorn &amp; a Movie- A Walk to Remember</p> <p>2:00 BINGO \$\$\$ AR</p> <p>3:00 Coloring Social AR</p> <p>6:00 Left-Center Right Game- Bring Dimes \$\$\$ AR</p>

10:00 Virtual Worship AR <sup>31</sup>

1:00 Lifetime Movie AR

4:00 Catholic Service with Deacon Mike AR

6:00 Games AR

**PHYSICAL ACTIVITY    OUTINGS    LIVE ENTERTAINMENT    CRAFTS/CREATIVITY**

\$\$\$- Indicates Money is Required for This Program

\*- Indicates Sign-up is Required for This Program- Sign-up book across from elevator

AR- Activity Room

DR- Dining Room

CH- Chapel (3rd Floor)

P- Porch

LIB- Library

2nd Floor Store Open Wednesdays & Saturdays 10:30-11:30

Games are always available for use in Activity Room

