



# OAKMONT *Livonia* News

May 2026

Your home. Your happiness. Our privilege.

## Oakmont Livonia Staff

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It was a rainy beginning to spring, which proves the saying “April showers, bring May flowers”. April was really “hopping” with fun and festive activities! We kicked things off with a Detroit Tigers Opening Day watch party, what a game, and even better, a WIN!

The excitement continued as the Easter Bunny made a special visit, hopping in with treats and plenty of smiles during our photo ops. It was fun seeing faces light up as she remembered younger times with their own children.

We wrapped up the month with a thrilling “Murder in the Building” mystery event, where residents had a blast putting their detective skills to the test to figure out whodunnit. It was a wonderful month filled with laughter, celebration, and great memories with our community!

## From the Activities Desk

Spring is in full bloom, and May brings a wonderful opportunity to celebrate the special women and moments that make our community feel like home. This month is filled with fun, creativity, and meaningful connection for everyone to enjoy.

We're not horsing around with activities. May 2<sup>nd</sup> is the Kentucky Derby. Worried that you don't have the right attire? Then join us on Friday, May 1st at 10:00 AM as we create our very own Kentucky Derby hats. Be sure to sign up in advance so we can have enough supplies for everyone. Then, don't miss gathering with friends at the Silver Social Circle to watch the Kentucky Derby in style!

Mother's Day is often seen as a time to celebrate the women who gave us life or the experience of becoming a mother ourselves—but it's so much more than that. It's a day to honor all the remarkable women who shape our lives in meaningful ways. From grandmothers, aunts, sisters, and daughters to friends, mentors, and caregivers, these are the women who support us, inspire us, and stand beside us through every season. This Mother's Day, let's take a moment to recognize and appreciate all the special women who make our world brighter. Join Kelsey and Chandra, who will be leading a special flower arranging activity On May 8th. Residents will have the chance to design beautiful floral arrangements while enjoying the colors and scents of spring. Then sit back and let us pamper you with painting nails, hand massages, and tasty snacks—a perfect way to feel refreshed and appreciated.

A new Grief Support Group begins May 18th. This group will offer a safe, understanding space for residents to share their experiences, memories, and feelings. Grief can come in many forms—whether it is the loss of a spouse, child, or dear friend, or even the loss of independence and life changes that come with aging. In a community like ours, where meaningful relationships are formed every day, supporting one another through these experiences is especially important. Sharing stories and emotions with others who understand can bring comfort, connection, and a sense of healing. We are currently determining whether the group will meet biweekly or once a month, and more details will be shared soon.

Get creative with our Oakmont T-Shirt Design Contest! Residents and family members are invited to submit their own t-shirt designs—funny, meaningful, or anything in between. All designs must be turned in by May 22nd. Winning designs will be printed, and T-shirts will be available for purchase. Residents will also have the opportunity to wear their custom shirts on outings, making this a fun and personal way to show community spirit.

We have a change in our monthly schedule. Sunday evening movies will now be a Sunday matinee at 2:00 PM, offering a cozy afternoon option to enjoy a great film together. —————>

Walking is one of the best ways for seniors to stay active, improve balance, and maintain overall health. Beyond the physical benefits, the Walking Club also provides a chance to socialize, enjoy the outdoors, and build friendships. Staying active together helps boost mood, increase energy, and supports independence, making it a valuable and enjoyable part of our community life.

We look forward to sharing all these special moments with you and making May a month full of joy, celebration, and community spirit.





### Oakmont Old Country Store Hours

Monday	11:00 - 1:00
Tuesday	10:00 - 12:00
Wednesday	11:00 - 1:00
Thursday	11:00 - 1:00
Friday	10:00 - 12:00
Saturday	Closed
Sunday	Closed

# Happy Birthday

- Susan May 2
- Glenda May 3
- Rose May 11
- Ralph May 16
- Rosemarie May 17
- Jill May 22
- Linda May 23
- Mary Lou 23
- Caroline May 26
- Jack May 30



## HAPPY Mother's DAY

All women are invited to join us  
for a day food, fun, and flowers.

**Friday, May 8th**

12:00 Lovely Ladies Luncheon

2:00 Flower Arranging with  
Kelsey & Chandra

3:00 Nail Spa Day



## Kentucky Derby Hats

**May 1<sup>st</sup> at 2:00**

Join us as we decorate  
hats for the Derby.

Then come to the Silver Social  
Circle on Saturday 6:00pm to  
watch the Kentucky Derby





## Spotlight on an Employee

At Oakmont, our team members are the heart of everything we do—and this month, we're excited to shine the spotlight on Autumn, our dedicated Activities Assistant who joined us in February.

Autumn grew up right here in Westland and brings six years of experience in senior living to her role. Her passion for working with seniors began early on, inspired by the meaningful time she spent visiting her grandparents. Those experiences shaped her belief that connecting with older adults brings light not only to their lives, but to her own as well.

Since joining the Oakmont family, Autumn has quickly become an integral part of daily life in our community. From preparing crafts and updating event boards to calling Bingo, organizing outings, and assisting with happy hour, her days are full of energy and purpose. She approaches every task with enthusiasm, always looking for ways to support residents and create memorable experiences.

What Autumn loves most about her job is the joy that activities bring to residents. “Doing activities seems to enlighten everyone’s lives here,” she shares, “and I like being part of that. I like helping them make good memories.” Through her role, she builds meaningful connections, offering companionship and creating a sense of trust that helps Oakmont truly feel like home.

Outside of work, Autumn enjoys spending time outdoors—especially hiking, camping, and kayaking when the weather is nice. She also loves trying new things and cherishes time with her two children, Audrey (6) and Carter (3), who bring her the greatest happiness. A fun fact about Autumn is her wide range of talents—she can work on cars, draw, do crafts, and understands or speaks five languages: Russian, German, Italian, French, and Dutch!

Autumn maintains her positive outlook by focusing on what matters most—her family and the life she’s built. This perspective also shapes the valuable lesson she’s learned from working with seniors: to treat yourself and others well and appreciate each day without rushing through life.

Looking ahead, Autumn hopes her positive attitude continues to bring joy to the residents she serves. When asked to describe Oakmont, she chose three words that reflect both her experience and spirit: lively, positive, and welcoming. We are so grateful to have Autumn as part of our Oakmont family!



**May 4th at 11:00 am**

Join us for some Mexican cuisine!

You don't have to be part of the foodie club to attend, but you do need to sign up at the front desk to go!



**Tuesday, May 5th  
3:00 pm**

Celebrate Cinco de Mayo at our Oakmont Meet & Greet—a fun and festive opportunity for new residents to connect, mingle, and feel at home in our community. Join us for great conversation, new friendships, and a warm Oakmont welcome!

## Sweet Tweeters

The Rainbow Feathers Bird Club & Rescue



**Wednesday, May 6<sup>th</sup> at 2:00 pm**

Come to the Activity Room to see some beautiful birds and learn some fun facts!

*Mental Health & Depressuion*



**Weston Educational Talk**

**Wednesday, May 6<sup>th</sup> at 3:00**

Join Emily in the Activy Room for a discussion on mental health awareness and depression.



**Stay Active!**

Join us for Exercise Monday - Saturday  
9:30 am



**Feeling Lucky?**

**May 13th**  
11:00 am



*Orchid Brunch*

**Monday, May 11<sup>th</sup>, 11:00 am**

Join us foodies for a memorable with a brunch experience!




**Calling ALL Men!**  
Be sure to sign up for the Men's Luncheon  
May 15<sup>th</sup> at 12:00



**Dr. Kaplan**

**May 30th**  
Call to schedule an apt.  
**248-986-5705**

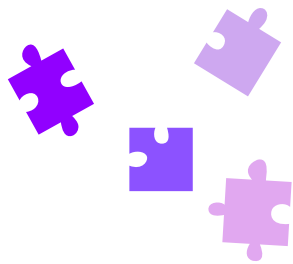
Dr. Kaplan will now be here once a month.



# Art For All Ages

Following step-by-step directions, create a finished sponge painting worthy of framing!





# Alzheimer's Support Group

Living with Alzheimer's or supporting someone who is?  
**You're Not Alone**

Our Alzheimer's Support Group is a safe, welcoming space for individuals living with Alzheimer's and the people who care about them.

Connect, share experiences, and find comfort among others who understand.

Together, we offer encouragement, meaningful conversation, and helpful resources to support both you and your loved ones on this journey.

## Monday, May 25th, 2:00 pm

This group will meet every other month  
on the 4<sup>th</sup> Monday



“Perk up your day with  
coffee & conversation”

**Mondays &  
Wednesdays  
at 10:00**

\*Conversation is with  
Michele or Honrea  
the 1<sup>st</sup> and 3<sup>rd</sup>  
Wednesdays.



  
**TWISTED  
CORK**

**Wednesday, May 27th  
3:00 pm**

Join us for a delightful outing  
to the Twisted Cork wine  
tasting—sign up now to sip,  
savor, and enjoy  
a great time together!

## May Resident of the Month



This May, we celebrate a truly special member of our Oakmont family—Don, our only male ambassador! In the eight months he has been with us, Don has already made a lasting impression with his warmth, wisdom, and welcoming spirit.

Don was born in Worcester, Massachusetts. His parents raised him and his brother Francis. Their devout Catholic faith helped create stability in their somewhat nomadic life. Due to father's work, his family moved frequently. By the time he graduated from high school at St. Ceceila in 1957, he had attended 8 schools!

Don's dedication to faith and learning led him to spend four years at Sacred Heart Seminary then, later served in many capacities at the

Church of the Divine Child. Although, he was once in the seminary, he wanted marriage and a family.

Don and Connie's love story began through family connections and started with a simple but meaningful first date—going to church together. In the sixty-five years they were married, they raised two sons, Denny and Don. Additionally, Don is the proud grandfather to Cassandra and a great-grandfather of three!

Don went on to build an incredible 42½-year career as a Vice President in Michigan's natural gas industry. His work took him all across the United States, ensuring communities had the energy they needed. When asked what he valued most about his career, Don shared simply, "Knowing I was helping people"—a reflection of the compassion that still defines him today.

When it comes to life at Oakmont, Don doesn't hesitate to say what makes it special: "We are all family here, residents, families, and staff". He enjoys attending parties and being part of the vibrant community. As our male ambassador, he helps create that welcoming atmosphere for others every day.

Throughout his life, Don has loved the outdoors which led to such hobbies as golfing, fishing, and camping. His great sense of humor shines the moment you meet him. Of course, one of his most favorite things is a home cooked meal.

A fun fact about Don, he speaks four languages—Polish, Latin, English, and Italian—a remarkable talent that many may not know about! However, he made it clear, he doesn't remember them as well as he used to!

When asked to share a piece of wisdom, Don's message is simple yet powerful: "To love one another."



Oakmont Senior Living – Livonia Presents

**T-SHIRT**

*Design Contest*

Help us design an Oakmont t-shirt

**Deadline to enter is May 22<sup>nd</sup>**

Submit entries to the front desk, no later than May 22<sup>nd</sup>  
to get a chance to be Oakmont's t-shirt designer.

**Design contest is open to  
residents and family members**

**Contest Rules**

1. The design must have Oakmont's logo
2. The design can be front and back.
3. You can pick up a template from the front desk or the activities office

