



Caregiver Support Group

Presented by:

Alzheimer's Association

Michigan

Third Tuesday of the month
11 a.m.

Oakmont Manor
41255 Pond View Dr
Sterling Heights, MI 48314

Visit [\[alz.org/gmc\]](http://alz.org/gmc) to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.