



OAKMONT *Livonia* News

February 2026

Your home. Your happiness. Our privilege.

Oakmont Livonia Staff

Michele White
Executive Director

Gena McCullough
Leasing Consultant

Jodi Reed
Activity Director

Robey Nesmith
Lead Receptionist

Lynn Carmona
Chef

Betty Crawley
Dining Room Supervisor

Trevor Abraham
Maintenance Supervisor

Charlotta Willis
Housekeeping Supervisor

Davarus Halmon
Transportation



Oakmont rang in the New Year in style with our Rockin' New Year's Eve Party, and what a celebration it was! Residents gathered in the Activity Room to enjoy an evening of fun, good food, Trivia through the Decades, laughter, and plenty of festive cheer as we said goodbye to 2025 and welcomed 2026 together. Of course, no New Year's Eve party would be complete without refreshments. Residents enjoyed special food prepared by Jerry, Robey's fiancé, and raised their glasses in a toast to new beginnings, good health, and continued fellowship here at Oakmont.

The Rockin' New Year's Eve Party was a wonderful reminder that celebrating together - no matter the season - brings joy and connection to our community. Thank you to everyone who joined us and helped make the start of the new year memorable. We look forward to many more moments of fun, friendship, and celebration, in the months ahead.

A Message From The Activity Corner

January tested us in many ways. With the dining room temporarily closed and activities paused due to illness. It was a quieter and more challenging start to the new year than we expected. We appreciate everyone's patience, understanding, and care for one another during that time.

As we step into February, we are hopeful for brighter days, renewed energy, and more opportunities to gather, laugh, and enjoy life together. February is often thought of as a month about love—and this year, we're embracing love in all its forms: love for one another, love for shared experiences, and love for ourselves.

Love to knit or crochet—or want to learn? Join “The Yarn Circle”, a new social group for beginners and experienced crafters alike. Whether you're stitching scarves, blankets, or just learning your first chain, this is a relaxed and welcoming space to create, learn, and connect. All skill levels are welcome—just bring your interest and creativity!

Come celebrate the February Birthdays on February 13th at 2:00 p.m., the Franklin HS Jazz Band will be entertaining us.

February gives us the perfect opportunity to celebrate love and friendship through creativity. We will be offering several Valentine's-themed craft activities throughout the month, giving residents a chance to create heartfelt decorations, a door hanger, and keepsakes while enjoying time together.

The Oakmont Olympics are coming, and we need YOU! Residents and staff will form teams to compete against staff and fellow residents from Northville Oakmont in a fun, friendly Olympic-style event. There will be two activities each day, and everyone is encouraged to participate. Opening Ceremonies take place Friday, February 6th —don't miss the excitement! Please sign up to attend and be part of the fun.

February 16th from 2:00–5:00 p.m., residents are encouraged to participate in our “Learn to Love Yourself” Photoshoot, a fun and empowering photo session that honors confidence, individuality, and self-love at every stage of life. Whether you come dressed in your favorite outfit, a splash of red or pink, or simply your beautiful smile, this experience is all about capturing the joy and pride that make you you. Join us for laughter, connection, and a keepsake photo that reflects your inner and outer beauty.

Celebrate the Chinese New Year with a truly global musical collaboration with erhu virtuoso Xiao Dong Wei and pianist Yuki Mack at Schoolcraft College on February 18th at 11:00 a.m., It's a FREE!

Beat the winter blues and try your luck at the MGM Grand Casino on Monday, February 23rd. You can also enjoy a nice lunch at The Tap Room, located in the casino. The bus will leave at 11:00 and will return in time for first dinner.

We look forward to a healthier, happier February filled with connection, smiles, and shared moments. Thank you for being such an important part of our Oakmont family—we can't wait to make new memories together this month.

-Jodi Reed, Oakmont Activity Director

HAPPY
birthday

Mae Feb 5th

-Ed Feb 6th

Marjorie Feb 6th

Lois Feb 15th

Marion Feb 17th

Phyllis Feb 17th

Evelyn Feb 18th

Claudine Feb 19th

Delphine Feb 21st

Doralee Feb 21st

Janice Feb 28th



**Let's
party!**

We're Celebrating February Birthdays!

Friday, February 13th

2:00pm

Entertainment provided by
Franklin HS Jazz Band

The party is for everyone not just
February birthdays.



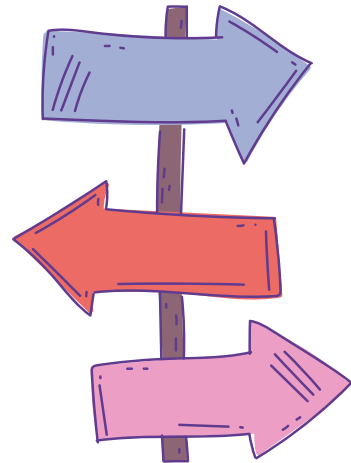
2/2 Meijer

2/11 BJ's Restaurant

2/16 Buddy's Restaurant

2/18 Concert

2/23 MGM Grand Casino



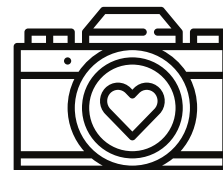
Veterans' Breakfast



Monday, Feb. 9 10:00am



*Love yourself
Photo Shoot
February 16 2:00-5:00*



Get ready to strike a pose!

We invite you to participate in a photo shoot.

You will receive a FREE Photo.

Let the front desk know
if you would like to participate.

Thoughts from Our Bible Study

When I was at Eastern Michigan University, earning my bachelor's degree in social work, I had to interview an elderly person about their life and some of the lessons they have learned for a class assignment. Little did I know, this assignment would carry so much meaning in the future for me. This interview took place approximately a year or so before she died. I was close to her growing up and I spent a lot of time with her, but it was this interview that often sticks out in my mind when I think of the lessons, I've learned from her. Probably the most important lesson is understanding how important it is to sit and listen to older generations because they have years of wisdom and the time to share it.

In our Friday afternoon Bible Study, we discussed how God is still writing your story. In other words, God often uses people later in their lives, for example, Moses, Sarah, Abraham...) Often times, as we age, our purpose in life feels less dramatic or grand. We go from having a spouse, children, house, and careers that make us feel useful and fulfilled. By the time our children are grown up, we retire, family members and friends pass away, and we begin to question, why are we still here? People begin to feel less useful and loneliness creeps in, and life just isn't the same as it used to be. Independent Living has taken on a new meaning.

You don't have to have a strong faith in God, to find your purpose late in life. Aging brings perspective. You have lived through joys and hardships, successes and setbacks. That lived experience is valuable. The lessons you carry, the compassion you've developed, and the strength you've gained are gifts that the world still needs. Purpose often grows not from what we do, but from who we are and how we choose to show up each day.

Finding purpose later in life is not about starting over—it's about continuing forward with intention. It's about recognizing that your life still holds meaning, your voice still matters, and your days still have something important to offer. No what your age, it is never too late to live with purpose.



- Medication assistance
- Incontinence care
- Help with bathing, dressing and personal hygiene
- Personalized non-emergency care tailored to you!

Homestead is the preferred home health provider at Oakmont .

Get a personalized quote and availability information .

734-449-6998



Celebrate the Chinese New Year With a Concert!



**February 18th 11:00am
Schoolcraft College**

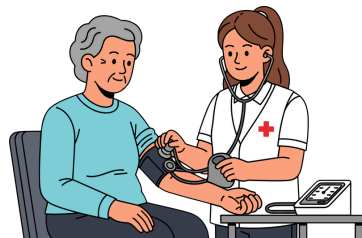
Experience a blending of Eastern traditions with Western classical and American pop influences by two internationally acclaimed musicians. The duo promises an unforgettable concert celebrating cultural harmony through music.



Art For All Ages

**Wednesday, Feb. 18
2:00pm**

Paint like one of the masters.
Sign-Up at the Front Desk.



**Blood Pressure Clinic
Wednesday, Feb. 25
12:00
Activity Room**

Visions Inc.



**Chair Yoga
Saturdays- Feb 14 & 28
9:30 am**

Pick Your Neighbor!

Did you know, if you refer
someone to move into Oakmont
and they do you can get **\$750 off**
your next month's rent?



Spotlight on a Resident



Ruth Ann has been a cherished resident of Oakmont for the past two years, and her journey here is one marked by courage, independence, and a love of connection. Like many who consider a move to senior living, Ruth Ann admits she was initially worried about losing her independence and leaving behind the life she knew. Those fears quickly faded. After settling in, she discovered that Oakmont allows her to be just as independent as she wants to be while offering comfort, companionship, and choice.

At Oakmont, Ruth Ann says one of the things she appreciates the most is never feeling alone and never feeling pressured to do anything. She loves having options. Her personal motto is simple “If the bus goes somewhere, I go!” Bus trips are her favorite activities, especially outings to the Orchid Brunch Restaurant.

Born and raised in Iowa, Ruth Ann graduated from Davenport Central High School. Shortly after graduation she married the love of her life, Ron, and the two lived in Illinois. They shared a beautiful marriage of 56 years until Ron’s passing in 2020. Their love story began thanks to Ruth Ann’s mother, who met Ron at a New Year’s Eve party and promptly arranged a date for the two of them the very next day.

Professionally, Ruth Ann worked at the John Deere Administration Center as a secretary and later as a cashier on a riverboat casino on the Mississippi. After moving to Michigan, she had the opportunity to stay home and raise their children, something she treasures deeply. Being present in their lives allowed her to serve as a Girl Scout leader, Cub Scout den leader, and an active volunteer at the Senior Center.

Together, Ruth Ann and Ron, raised three children – Ron Jr., Ryan, and Renee. While living in Illinois, Ron suffered a stroke and became paralyzed on one side. Ruth Ann took care of him by herself until 2015 when they moved to Michigan to be near their daughter. In addition to the three children, they have 11 grandchildren and too many great-grandchildren to count! They all bring her joy.

Ruth Ann enjoys doing puzzles, crocheting (though she’s no longer able to), and she admits to a fondness for gambling. When asked what advice she would give someone considering a move to Oakmont, her answer is heartfelt. “This is a great place to be when you don’t want to be alone.”

One of the most important lessons Ruth Ann has learned in life is to never put off today what you can do now because tomorrow might be too late. It’s a message she lives by and one that continues to inspire those around her.



Oakmont Employee Spotlight of the Month



Shereen brings more than 15 years of experience in the medical field to her role as the on-site manager for Homestead. Her compassion, experience and positive spirit make a meaningful difference in the lives of our residents every day. She began her Oakmont journey back at Oakmont Northville in 2022 and transitioned to Oakmont Livonia on June 1, 2025. Her healthcare background is both broad and impressive, including time spent at Beaumont working in women's cardiology and later oncology – roles that strengthened her clinical knowledge and deepened her empathy for patients and families.

A lifelong Michigander, Shereen grew up in Dearborn, graduated from Fordson High School and still calls Dearborn home where her passion for senior living began. From a young age, she was drawn to helping others, first by caring for her grandfather, who lived with her family for many years, and later by helping care for her father after he received a kidney transplant.

What Shereen loves most about her job is simple but powerful: making residents happy, seeing them smile, and ensuring they feel comfortable and cared for. While much of her day focuses on the administrative side of Homestead, she makes it a priority to assist directly with resident care at least two days each week. She also takes time to visit residents, talk with them, and encourages them to participate in activities, helping Oakmont truly feel like home rather than just a place to live.

Shereen describes herself as naturally positive, even on challenging days. She believes everything works out in the end, and that a positive attitude is contagious. This outlook has served her well in senior living, where she says the most valuable lesson she had learned from working with seniors is patience.

Her hope is to make a lasting difference at Oakmont by ensuring residents are comfortable and by reassuring families that their loved ones are well cared for. She describes Oakmont as a homey, cozy environment filled with friendly people, an atmosphere she is proud to help nurture.

Outside of work, Shereen enjoys spending time with her three nieces, friends, and family. She loves to travel, especially to Las Vegas, where she enjoys gambling. She comes from a diverse family background, her parents are from the Middle East, however she has a half brother who is Korean in addition to another brother, who lives in California. Growing up, her father owned the Snapple Company until 2004, and she has fond memories of taking field trips to the factory. He now owns a roofing company, while her mother has dedicated her career to serving others as a Wayne County social worker.

Oakmont Olympics

Oakmont residents, we need YOU to join us for the 2026 Oakmont Olympics. This will be a week of fun competition. We will have, games, trivia, and a puzzle competition. I would like to have at least five teams with 3-4 residents each at one staff person. See the monthly calendar for the schedule of events.



Dr. Kaplan-Podiatrist

Will be here
Saturday, February 14th

Sign-up is on the 2nd floor
See the table by the Homestead Office



The Yarn Circle

Unwind, create, and connect! The Yarn Circle is a welcoming group for anyone who knits or crochets—or wants to learn. Whether you're an experienced or picking up needles for the first time, come enjoy conversation, creativity, and community. All skill levels are welcome. I have yarn and needles!



Friday
February 13th - 12:00

Sign-up at the front desk.
This month is pizza.

“Where Conversation
Meets Connection.”



Friday
February 20th - 12:00

Sign-up at the front desk.
This month is pizza.

“Sharing Stories, Making Memories.”

The Weston Group Presents:

Let's Talk About Heart Health



Wednesday, Feb. 4th - 3:00pm

Join the Weston Group as we celebrate the month of love with an interactive educational presentation on keeping our hearts healthy throughout the year.

KNOW YOUR NUMBERS



BLOOD PRESSURE CLINIC

**Wednesday, Feb. 25th
12:00**

"Check It. Know It. Take Care."

KNOW YOUR HEART

Monday Mornings: Heart attacks are most common on Monday mornings due to higher stress hormones.

Silent Damage: Many people have plaque buildup (atherosclerosis) without symptoms until a major event.

Women Affected: Cardiovascular disease is the leading killer of women, yet awareness of risk is low.

Vessel Network: Your body has 60,000 miles of blood vessels, and damage makes the heart work harder.

Lifestyle is Key: Most heart events are preventable with diet, exercise, managing blood pressure, and quitting smoking.

Know Your Numbers: Get regular checks for blood pressure, cholesterol, and blood sugar.

Eat Smart: Limit saturated/trans fats, cholesterol, and sodium; eat more fruits and vegetables.

Move More: Regular physical activity lowers risk



NOW SHOWING IN FEBRUARY!



February 1



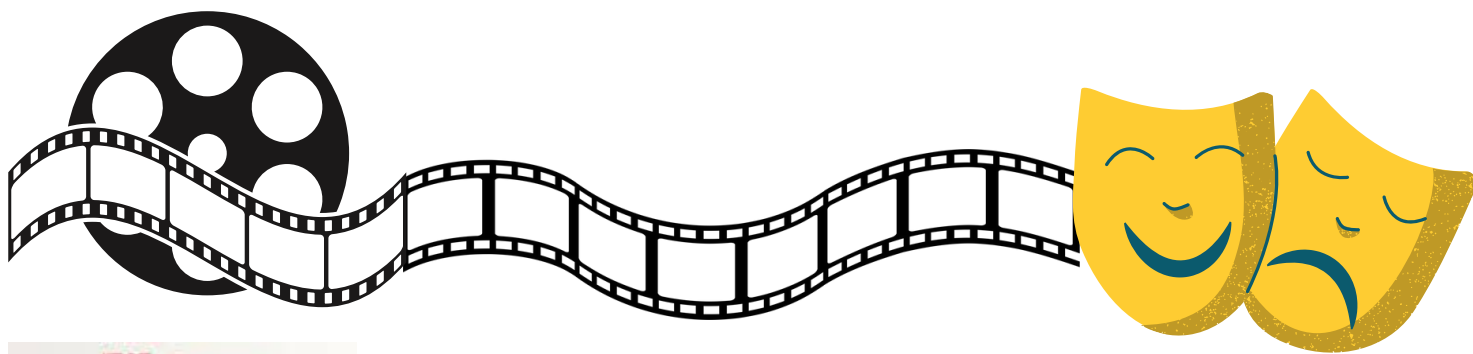
February 6



February 8



February 13



February 15



February 20



February 20



February 27